Program for All-Inclusive Care for the Elderly (PACE)

The Program for All-Inclusive Care for the Elderly is a federally and state-funded program that works towards helping the elderly live independently in the community. The goal is to keep them out of long term care for as long as possible. PACE coordinates all-inclusive medical and social services that meet the particular needs of eligible seniors who have remained in the community, but would otherwise need to be in long term care. PACE provides in-home care services in addition to transportation to adult day health care centers where participants can receive medical care, rehabilitative therapies, and social services.

PACE Providers

There are PACE providers located in San Francisco (serving Alameda, San Francisco and Santa Clara Counties), Sacramento (serving Sacramento County), Oakland (serving Alameda and Contra Costa Counties), Fresno (serving Fresno County) San Bernardino (Serving Riverside and San Bernardino County), Orange County (Serving Orange County), Los Angeles (serving Los Angeles County), and San Diego (serving San Diego County).

Eligibility

In order to be eligible for PACE, the applicant must be at least 55 years old and able to live in the community safely, meeting the level of care requirements determined by the California Department of Health Care Services. The level of care requirements are identical to those needed for skilled nursing care. The applicant must also live in a service area served by the PACE program. (Go to www.dhcs.ca.gov/individuals/Pages/PACEPlans.aspx to view zip codes that are in service areas).

Payment Options

PACE is paid for by Medi-Cal and Medicare. Therefore, if an applicant has Medi-Cal, he/she is automatically eligible for PACE, paying the Share of Cost, if any, that is determined by Medi-Cal. If applicants have Medicare but no Medi-Cal, they can pay for the Medi-Cal portion of the fee privately.

If one spouse needs PACE services and the other spouse does not, it is important to note that the Medi-Cal spousal impoverishment provisions apply, which means that the non-PACE spouse can retain additional assets and income. PACE providers are paid by Medi-Cal like a managed care plan in which a set amount is paid per person whether services are used or not. Thus, there can be a substantial estate recovery claim after a Medi-Cal beneficiary dies. Consumers should take a look at CANHR’s FAQs on Medi-Cal estate recovery for planning options.

PACE and Cal MediConnect under the Coordinated Care Initiative

Individuals who are currently enrolled in the PACE program will be exempt from enrolling in Cal MediConnect and will not receive any notices to enroll.
PACE will be an enrollment option under Cal MediConnect. Medi-Cal only and dual eligible beneficiaries age 55 and older living in a zip code served by a PACE organization will receive an enrollment packet that includes PACE on the health plan choice form.

**Services Provided**

Participants of PACE are evaluated and comprehensive health care plans are developed according to individual needs. The following are among the services provided:

**Medical Care:**
- Primary care from a physician on PACE’s interdisciplinary team.
- Specialized care such as audiology, dentistry, optometry, podiatry, and speech therapy.
- Prescription and non-prescription medication and necessary medical equipment.
- Emergency care, nursing home care (if necessary), and hospitalization.

**In-Home Care:**
- Assistance with daily living needs.
- Light housekeeping.

**Adult Day Health Center:**
- Rehabilitative services: physical and occupational therapies.
- Meals and nutritional counseling.
- Social services (case management).
- Recreational and social activities.

An interdisciplinary team evaluates the participant and develops a treatment plan involving as many of the above services as possible. Participants cannot pick and choose which services they want to make use of. It is an all-inclusive program addressing various issues that seniors face in their daily lives concerning their health, brain function, social stimulation, and general quality of life. Every aspect works toward the ultimate goal of keeping more seniors living independently in the community.

**The “Interdisciplinary Team”**

The PACE “interdisciplinary team” usually consists of:
- Primary care physician
- Clinic and home care nurses
- Social workers
- Transportation representatives
- Healthcare workers
- Occupation, physical, speech, and recreational therapists.

All health care services received by the PACE participant are received exclusively by this team. If the participant needs to be admitted to a hospital or a nursing home, the interdisciplinary team will continue to supervise the treatment and care of the participant.
*PACE can contract with mental health specialists to provide mental health services.

Important: You have to use the PACE healthcare providers. You cannot keep your own doctor.

**PACE and RCFEs**

If you are a resident in a Residential Care Facility for the Elderly, you can simultaneously be a participant in PACE. While PACE will not cover the costs of your room and board in the RCFE, it will pay for medical costs. It is a good option for those who are happy living in an RCFE (don’t want to move to an SNF) but need additional care and have high medical bills. Since RCFEs do not accept Medi-Cal, PACE can help ease the financial burden of residing in one by absorbing the resident’s medical costs.

**How to Apply**

- First, apply for Medi-Cal at your local Social Services office.
- Go to the DHCS website (www.dhcs.ca.gov/individuals/Pages/PACEPlans.aspx) to determine whether or not you are in a PACE service area.
- If you are, contact the PACE provider in your area.
- A representative will pay a home visit, giving you thorough information about the plan.
- Tour the PACE site.
- Sign an Enrollment Agreement (lasting regardless of change in health status until death or voluntary/involuntary disenrollment).
- Schedule a medical and social assessment with the interdisciplinary team immediately after enrollment.

**California PACE providers**

AltaMed Senior BuenaCare
5425 East Pomona Boulevard Los Angeles, CA 90022 Phone: (877) 462-2582
www.altamed.org

AltaMed PACE Downey
12130 Paramount Blvd., Downey, CA 90242 Phone: (562) 923-9414 Fax: (562) 923-9451

AltaMed PACE El Monte
10418 Valley Blvd., Suite A El Monte, CA 91731 Phone: (626) 258-1600 Fax: (626) 258-1609

AltaMed PACE Grand Plaza
701 W. Cesar E. Chavez Ave., Suite 201, Los Angeles, CA 90012 Phone: (213) 217-5300 Fax: (213) 217-5396
AltaMed PACE Huntington Park  
6330 Rugby Ave., Suite 200, Huntington Park, CA 90255  Phone: (323) 277-7678  Fax: (323) 277-7686

AltaMed PACE Lynwood  
3820 Martin Luther King Jr. Blvd., Lynwood, CA 90262  Phone: (310) 632-0415  Fax: (310) 639-2734

Brandman Centers for Senior Care Los Angeles  
Jewish Home's Grancell Village Campus, 7150 Tampa Avenue, Reseda, CA 91335  Phone: (818) 774-8444 or (855) 774-8444 (toll free) or (818) 774-3194 (TTY)  
www.brandmanseniorcare.org

CalOptima  
13300 Garden Grove Blvd. Garden Grove, CA 92843  Phone: 1-714-468-1100  1-855-785-2584 (toll-free) Persons with hearing or speech impairments can call our TDD/TTY line at 1-714-468-1063.  
www.caloptima.org

Fresno PACE  
2042 Kern St, Fresno, CA 93721  Phone: 855-630-PACE  
www.calpace.org

InnovAge PACE  
410 East Parkcenter Circle North, San Bernardino, CA 92408  Phone: 888-992-4464 TTY available toll-free: dial 711 and request a connection to InnovAge at 888-992-4464  
www.myinnovage.org

On Lok Senior Health Services  
1333 Bush Street San Francisco, CA 94109  Phone: (888) 886-6565  
www.onlok.org/Services.aspx

St. Paul’s PACE  
111 Elm Street San Diego, CA 92101  Phone: (619) 677-3800  
www.stpaulspace.org

Center for Elders’ Independence (CEI)  
1955 San Pablo Avenue Oakland, CA 94612  Phone: (510) 433-1150  
www.cei.elders.org

Sutter SeniorCare  
1234 U Street Sacramento, CA 95818  Phone: (916) 424-8412  
www.checksutterfirst.org/seniorservices