

## Program for All-Inclusive Care for the Elderly (PACE)

The Program for All-Inclusive Care for the Elderly is a federally and state funded program that works towards helping the elderly live independently in the community. The goal is to keep them out of long term care for as long as possible. PACE coordinates all-inclusive medical and social services that meet the particular needs of eligible seniors who have remained in the community, but would otherwise need to be in long term care. PACE provides in-home care services in addition to transportation to adult day health care centers where participants can receive medical care, rehabilitative therapies, and social services.

### PACE Providers

There are PACE providers located in the following counties: San Francisco, Alameda, Santa Clara, Sacramento, Contra Costa, Fresno, San Bernardino, Riverside, Orange County, Los Angeles, San Diego, and San Joaquin.

### Eligibility

In order to be eligible for PACE, the applicant must be at least 55 years old and able to live in the community safely, meeting the level of care requirements determined by the California Department of Health Care Services. The level of care requirements are identical to those needed for skilled nursing care. The applicant must also live in a service area served by the PACE program. (Go to [www.dhcs.ca.gov/individuals/Pages/PACEPlans.aspx](http://www.dhcs.ca.gov/individuals/Pages/PACEPlans.aspx) to view zip codes that are in service areas).

### Payment Options

PACE is paid for by Medi-Cal and Medicare. Therefore, if an applicant has Medi-Cal, he/she is automatically eligible for PACE, paying the Share of Cost, if any, that is determined by Medi-Cal. If applicants have Medicare but no Medi-Cal, they can pay for the Medi-Cal portion of the fee privately.

If one spouse needs PACE services and the other spouse does not, it is important to note that the Medi-Cal spousal impoverishment provisions apply, which means that the non-PACE spouse can retain additional assets and income.

### Services Provided

Participants of PACE are evaluated and comprehensive health care plans are developed according to individual needs. The following are among the services provided:

#### Medical Care:

- Primary care from a physician on PACE's interdisciplinary team.
- Specialized care such as audiology, dentistry, optometry, podiatry, and speech therapy.
- Prescription and non-prescription medication and necessary medical equipment.
- Emergency care, nursing home care (if necessary), and hospitalization.

#### In-Home Care:

- Assistance with daily living needs.
- Light housekeeping.

### **Adult Day Health Center:**

- Rehabilitative services: physical and occupational therapies.
- Meals and nutritional counseling.
- Social services (case management).
- Recreational and social activities.

An interdisciplinary team evaluates the participant and develops a treatment plan involving as many of the above services as possible. Participants cannot pick and choose which services they want to make use of. It is an all-inclusive program addressing various issues that seniors face in their daily lives concerning their health, brain function, social stimulation, and general quality of life. Every aspect works toward the ultimate goal of keeping more seniors living independently in the community.

## **The “Interdisciplinary Team”**

**The PACE “interdisciplinary team” usually consists of:**

- Primary care physician
- Clinic and home care nurses
- Social workers
- Transportation representatives
- Healthcare workers
- Occupation, physical, speech, and recreational therapists.

All health care services received by the PACE participant are received exclusively by this team. If the participant needs to be admitted to a hospital or a nursing home, the interdisciplinary team will continue to supervise the treatment and care of the participant.

\* PACE can contract with mental health specialists to provide mental health services.

**Important:** You have to use the PACE healthcare providers. You cannot keep your own doctor.

### **PACE and RCFEs**

If you are a resident in a Residential Care Facility for the Elderly, you can simultaneously be a participant in PACE. While PACE will not cover the costs of your room and board in the RCFE, it will pay for medical costs. It is a good option for those who are happy living in an RCFE (don't want to move to an SNF) but need additional care and have high medical bills. Since RCFEs do not accept Medi-Cal, PACE can help ease the financial burden of residing in one by absorbing the resident's medical costs.

### **How to Apply**

- PACE is funded by the Medi-Cal program. If you are not currently enrolled in Medi-Cal, you can apply at your local Social Services office.
- Go to the DHCS website ([www.dhcs.ca.gov/individuals/Pages/PACEPlans.aspx](http://www.dhcs.ca.gov/individuals/Pages/PACEPlans.aspx)) to determine whether or not you are in a PACE service area.
- If you are, contact the PACE provider in your area.
- A representative will pay a home visit, giving you thorough information about the plan.

- Tour the PACE site.
- Sign an Enrollment Agreement (lasting regardless of change in health status until death or voluntary/involuntary disenrollment).
- Schedule a medical and social assessment with the interdisciplinary team immediately after enrollment.

## California PACE providers

- **AltaMed Senior BuenaCare**  
Los Angeles, California  
1 (855) 252-7223  
[www.altamed.org/](http://www.altamed.org/)
  - **AltaMed PACE - Covina**  
535 S. 2nd Ave.  
Covina CA 91723
  - **AltaMed PACE - Downey**  
12130 Paramount Bl.  
Downey CA 90242
  - **AltaMed PACE - El Monte**  
10418 Valley Bl.  
El Monte CA 91731
  - **AltaMed PACE - Huntington Park**  
1900 Slauson Ave.  
Huntington Park CA 90255
  - **AltaMed PACE - East Los Angeles**  
5425 East Pomona Bl.  
Los Angeles CA 90022
  - **AltaMed PACE - Grand Plaza**  
701 W. Cesar Estrada Chavez Ave.  
Los Angeles CA 90012
  - **AltaMed PACE - South Los Angeles**  
1776 E. Century Bl.  
Los Angeles CA 90002
  - **AltaMed PACE - Lynwood**  
3820 Martin Luther King Jr. Bl.  
Lynwood CA 90262
- **Brandman Centers for Senior Care**  
Reseda, California  
(818) 774-3065  
[www.brandmanseniorcare.org](http://www.brandmanseniorcare.org)
- **CalOptima PACE**  
Garden Grove, California  
(714) 468-1070  
[www.caloptima.org](http://www.caloptima.org)  
[PACEIntake@caloptima.org](mailto:PACEIntake@caloptima.org)
- **Center for Elders Independence**  
Oakland, California  
(510) 433-1150  
<https://cei.elders.org/>
- **Fresno PACE**  
2042 Kern Street  
Fresno, California  
(559) 400-6420  
[nbutler@FresnoPACE.org](mailto:nbutler@FresnoPACE.org)  
[www.fresnopace.org/](http://www.fresnopace.org/)
- **InnovAge California**  
410 East Parkcenter Circle North

San Bernardino, California  
(888) 992-4464  
[info@Imyinnovage.com](mailto:info@Imyinnovage.com)  
[www.myinnovage.com/](http://www.myinnovage.com/)

- **On Lok Lifeways**

1333 Bush St.  
San Francisco, California  
(888) 886-6565  
[info@onlok.org](mailto:info@onlok.org)  
<https://onloklifeways.org/pace-centers/>

- **30th Street PACE Center**  
225 30th Street Second Floor  
San Francisco, CA 94131
- **Gee PACE Center**  
1333 Bush Street  
San Francisco, CA 94109
- **IOA On Lok Lifeways PACE Center**  
3575 Geary Blvd  
San Francisco, CA 94118

- **Powell PACE Center**  
1441 Powell Street  
San Francisco, CA 94133

- **Peralta PACE Center**  
3683 Peralta Blvd  
Fremont, CA 94536

- **San Jose PACE Center**  
299 Stockton Ave  
San Jose, CA 95126

- **East San Jose PACE Center**  
130 N Jackson Ave,  
San Jose, CA 95116

- **Redwood Coast PACE**

Eureka, California  
(707) 443-9747  
[PACE@humsenior.org](mailto:PACE@humsenior.org)

- **San Diego PACE**

San Diego, California  
(619) 205-4585  
[SDPACE@syhc.org](mailto:SDPACE@syhc.org)

- **St. Paul's PACE**

San Diego, California  
(619) 677-3800  
[www.stpaulspace.org/](http://www.stpaulspace.org/)

- **Stockton PACE**

528 E Harding Way  
Stockton, California  
(209) 442-6077  
[stocktonpace.info@welbehealth.com](mailto:stocktonpace.info@welbehealth.com)  
<https://stocktonpace.welbehealth.com/>

- **Sutter SeniorCare**

444 N. Third St  
Suite 150  
Sacramento, California  
(833) 560-7223  
[www.sutterhealth.org/pace](http://www.sutterhealth.org/pace)